DAILY LIVING

A young lady got an expensive diamond ring from her husband and his family on the occasion of her wedding. It was slightly loose and she would often take it off while washing her hands.

Her husband would often tell her to have the ring repaired to fit her finger better so that she would not have to take it off so often. But the modern busy young lady never did find the time to do so.

So, one day, the inevitable happened: she lost the expensive ring.

She was mightily afraid that her husband and his family would be very, very angry with her. She could not stop weeping. But she found that they were all astonishingly kind and understanding. The father-in-law, in fact, promptly bought her a new ring, equally attractive, or perhaps, more so.

But they would not stop repeating "you should have had the ring fit your finger", "you should not have been using the expensive jewellery for everyday use, you should have kept it in the bank locker", etc. etc.

She never replied to them, but one day, she could not avoid telling them why she kept on using the ring for everyday wear. She said: "I kept on wearing the ring for everyday use, because I would look at it quite so often everyday, and think of how much my husband and his family love me."

As a matter of fact, how many times a day does not every one of us say " I am not a stupid person, how could I have ever done such a stupid thing?" or "I am certainly not an evil person, but how could I have done such a mean thing?"

The answer is plain and simple: "You did not do it; it happened because it had to happen according to your destiny, God's Will/Cosmic Law."

But, of course, one has to accept the society's judgment on what happens every time, about every action: we have to accept the society's award-reward or punishment; we have to continue to live in that society.

Ramesh S. Balsekar

In the early 1920s, a young man of Kerala visited Ramana Maharshi with and asked several questions. The Maharshi was obviously impressed by his sincerity and depth of understanding.

His last question, with un-controllable tears, was:

"I am newly married and I love my wife, but I am totally affected by the sight of the breasts of a sixteen-year old girl in my neighbouring residence. And I am deeply worried that I might commit adultery."

Ramana's reply was:

"Adultery may or may not happen, according to God's will. But you are the SELF, and you need not worry about it."

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"Philosophy" is speculation, and knowledge without any personal experience.

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you will cause yourself a lot of suffering if you remember that "you", the ego-individual, is concerned only with this life and the pleasure or pain that happen in this life. Once the body is dead, the ego, the identified consciousness again becomes the impersonal consciousness. There is simply no question about what happens to "me" after death. This question often causes a lot of suffering. Once the body is dead, there is no more "me". The "me"-ego exists only for a particular lifetime.

Happiness happens by itself; a pleasure needs some thing or person to create it.

Truly the most amazing fact of life is that the average man, however highly educated, never seems to remember that, fundamentally, he is only a three-dimensional object created by God, through which he brings about whatever is supposed to happen, according to a Cosmic Law, the basis of which is beyond the comprehension of the human brain.